



# What's Your Child's Love Language

Love Language	Their Actions	You Do	You Don't
<b>Words of Affirmation</b>	<ul style="list-style-type: none"> <li>-Likes to be told they did a good job.</li> <li>-Ask you about their behaviour</li> </ul>	<ul style="list-style-type: none"> <li>- Praise your child</li> <li>- Check your tone</li> <li>- Listen actively</li> <li>- Sing together</li> </ul>	<ul style="list-style-type: none"> <li>- Use harsh words</li> <li>-Assume they know you love them</li> <li>-Criticise without reason</li> </ul>
<b>Acts of Service</b>	<ul style="list-style-type: none"> <li>- Likes it when you do nice things for them and teach them new stuffs.</li> <li>-Helps do housework.</li> </ul>	<ul style="list-style-type: none"> <li>-Support their efforts.</li> <li>-Teach new methods.</li> <li>-Do projects together.</li> <li>-Help them help others</li> </ul>	<ul style="list-style-type: none"> <li>- Do too much for them</li> <li>- Create more work</li> <li>- Forget to follow through on tasks</li> </ul>
<b>Receiving Gifts</b>	<ul style="list-style-type: none"> <li>-Loves birthdays, Xmas, treats, surprises.</li> <li>-Likes to be given their fav ourite food</li> </ul>	<ul style="list-style-type: none"> <li>-Give surprises</li> <li>-Buy gifts together</li> <li>-Remember special occasion.</li> </ul>	<ul style="list-style-type: none"> <li>-Forget special occasions</li> <li>-Buy random gifts without thought.</li> <li>-Mistake as materialism</li> </ul>
<b>Quality Time</b>	<ul style="list-style-type: none"> <li>-Loves to do things with you. Watch TV, shopping, play with you.</li> <li>-Wants your attention</li> </ul>	<ul style="list-style-type: none"> <li>-Face to face interactions</li> <li>-Ask questions, make time for them.</li> <li>-Do things together</li> </ul>	<ul style="list-style-type: none"> <li>-Be distracted with communicating</li> <li>-No eye contact</li> <li>-Allow interuptions</li> </ul>
<b>Physical Touch</b>	<ul style="list-style-type: none"> <li>Ask to be carried</li> <li>Hold your hands</li> <li>High fives, Kisses</li> <li>Sit in your lap</li> </ul>	<ul style="list-style-type: none"> <li>Bear hugs</li> <li>Massage each other</li> <li>Tickle session</li> <li>Kiss cheeks</li> </ul>	<ul style="list-style-type: none"> <li>Abuse</li> <li>Cane</li> <li>Keep your distance</li> </ul>

Based on "The 5 Love Languages" By Gary Chapman